

Spring 2020

#### Joy in Rwanda

Thanks to your generous donations, Michael's House was able to make the holidays special for our destitute elderly living near Kirambi, Rwanda. They celebrated and gave thanks for the joy and dignity they have experienced since Michael's House began providing them with food and medical care many years ago. Many of the elderly gathered in the care provider facility meeting room and talked about their struggles, including the recent heavy rains that damaged so many homes and gardens earlier this year. Michael's House helped with the recovery from those damaging storms, giving them seeds and tools needed to be able to re-grow food for their families. It was mostly a day of thankful singing, dancing, and sharing a hot meal. Michael's House provided all the women with kitenge (African fabric similar to a sarong, often worn by women and wrapped around the chest or waist), trousers and shirts for the men, and their monthly food: 10kg beans, 10kg maize flour, 5kg rice, a little cooking oil and a bar of soap. Each also received a solar light to provide them with light during the night.



Elderly gather during the holidays to give thanks and receive gifts made possible by your donations.



Grandmother with child speaking before the meal was served.



Elderly enjoying the holiday meal together.



The elderly value being able to socialize with each other. Most live in remote hillside homes.



Elderly demonstrate the new solar lamps.



Food being readied for elderly to take home.

### Thank you from Keyna

When we received photos from our care partners in Kariobangi (Nairobi) Kenya, we did not recognize the facility! It was so full of colorful decorations and bright clothing. The people here live in the Kariobangi slums-some of the most dilapidated, neglected, and dangerous slums in the world. Your generous donations enabled these elderlies to have a special day of respite and celebration. At the end of the day, each person received food (beans, wheat flour, sugar, vegetables), new sheets and mosquito nets.



# Holidays Made Special for our Elderly in Tanzania

About 400 miles from Nairobi, the destitute elderly living near Makiungu Hospital, in Singida, Tanzania also celebrated because of your generous donations. These elderly receive monthly food and medical care. For the holidays, they received Masai shukas, footwear, blankets, maize flour, rice, beans, sunflower oil, tea, sugar, powdered milk, laundry soap, body soap and cream, and matchboxes. They were so excited and thankful for your gifts! The food was distributed at the hospital where they were able to socialize as they sang and danced in gratitude and enjoyed prepared food.



Food and gifts readied for the arrival of the elderly.



Care givers at hospital distribute food and gifts.



Elderly cross the road heading home with their food and gifts.



All gathered wrapped in their new Masai Shuka's.



Elderly woman picking out footwear.



Caregivers carried food and gifts to the home of this elderly woman.

## **VOLUNTEERS NEEDED**

Are you passionate about helping the most vulnerable elderly? THEN YOU NEED to join our volunteer team!

### Ways You Can Help

- Assess assistance requests for greatest need
- Communicate with our on-site care partners to evaluate assistance projects and obtain videos and photos of the impact of our support
  - Perform critical administrative tasks and maintain web-based sites.
    - Prepare newsletters and social media messages
    - Develop on-line giving option and fund-raising presentations
  - Attend monthly meetings and become part of our leadership team

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